



ARHF

Amma Resonance Healing Foundation

NEWS REPORT: Encouraging Results in Burundi and The Congo November 2008

Appeal for funds

Introduction

In 2001 Peter Chappell, one of the founders of the ARHF, while searching in Ethiopia for a remedy that would fit the epidemic disease totality of HIV/AIDS (genus epidemicus) found a new way to make a remedy for AIDS that works. Since that time several other remedies for other epidemics like malaria have been designed and applied with good results. ARHF is focused on research to prove they work, and grass roots clinics Amma4Africa (A4A) Clinics to offer real, practical help.

Our Amma4Africa Clinics are grass roots clinics that use PC Remedies for epidemic diseases and serious trauma and a few Homeopathic ones for other things, which is all very easy to implement. If you read on, you will see the understanding the power of this idea working directly from Africa this month! We support these clinics by donations and obviously these PC Remedies are virtually free anyway.

Report Burundi / Congo November 2008

By Harry van der Zee, MD

I visited Burundi and Congo on invitation by F. (Names are changed because of the security/war reasons). He is heading a religious organisation with 2000 members spread over 50 small churches in Burundi and Congo. F. started his own congregation because he did not feel at home in other churches and because he has a mind of his own and strongly appreciates his freedom. He is a real community man, places his churches in poor neighbourhoods and lives amongst the people. He is a great organiser and depends on a large network of connections to achieve his goals. He has set up a foundation so he can also set up clinics and schools. A first clinic started in U., Congo, only two months ago. Three nurses work there on a 24/7 basis. He has also set up a school – primary and secondary - with 600 children of which 60% orphans. This project is called 'Land of Hope'. Another project starting in January involves former child soldiers for who he will provide a school where they can learn carpentry etc.

PC Remedies for him were exactly what he needed, because now with only a little training they can treat many epidemic and endemic diseases and conditions effectively and with low costs.

We had agreed before hand that I would only treat 4 indications – AIDS, malaria, war trauma and rape trauma - on their request we added diabetes and hypertension. In practice I saw a

much wider variety of indications and besides remedies from the A4A Kit relied on a Helios 36 remedies kit. Sometimes I took the liberty to just mix two remedies. Like a child with gastroenteritis with vomiting and diarrhoea. After one dose of Nux/Ars the vomiting stopped, but the next day the diarrhoea continued. Adding a granule of Chamomilla to the bottle also stopped the diarrhoea. Bad homeopathy – good effect.

We saw patients at three places – Bujumbura (Burundi), Uvira (Congo) and Kiliba (Congo). All together I must have treated over 300 patients. F. was a quick learner and soon was able to detect some of the major PC Resonances as also Ignatia and Silica. Two other pastors (who by the way call F. Bishop) also assisted and in Uvira and Kiliba Angel, the head nurse, assisted us. She would do a short intake and write down for me the main indications in French. At some point there were so many patients that we further streamlined the procedure. Angel did the first intake, clear cases of malaria (I must have seen 100 cases) I only saw for one minute, then F. would give some explanation while I made notes and one of the pastors prepared the remedy, and the other pastor showed the patient how to take it – the 555 regime (see web site- it's a clear easy set of instructions, bang the bottle 5 times etc). Since we added Vodka for preservation the content would start to foam after banging it and they would point to that as if that contained the magic. Great bangers there I must say. They would bang with much force, and people outside must have wondered what the hell was going on inside.

Rumours spread fast in Africa, so soon the director of a hospital visited Angel to hear about this treatment. Patients had told him how wonderfully they responded. Word went that by just touching people I already healed them or that healing only took one day. Had I stayed longer rumours about walking on Lake Tanganyika and about being born in a manger might soon have followed.

Congo is really in a bad state, which is nicely expressed by the road entering the country, which is one of the worst I've ever seen. I had no vaccination card for yellow fever. A huge problem, as I very likely might bring yellow fever with me from Holland, but luckily \$10 dollar was enough to reduce that danger. For the next time we entered Congo for follow-ups F. had arranged a yellow fever vaccination card including all the stamps I needed. We picked it up at a garage of one of his church members.

Later when in Uvira someone was pumping air in the tires of our car, and I left the car to take some pictures. A pastor that would be filming some follow-ups also left the car and started filming. Within no time he was arrested and the camera confiscated. A crowd gathered and people thought we were filming for the rebels. Fear for war and rebels is just below or even on the surface in everybody, so I understood the response. F. was not there for he was making photocopies in the hospital. I concluded my contribution would be to just sit in the car, be in stillness and trust it would solve itself. Soon the head of security of the region entered the stage. A harsh looking man that concluded this was a great opportunity to bloat his ego and fill his pocket. When F. came he took control of the situation. He took all persons of authority with him in the pub and they sat down to talk. A small amount changed pockets after the information that could endanger the state of Congo was removed from the camera's memory. Also the head of the army came. He is member and even pastor of F's church and someone had called him to come and help, which actually was no longer necessary. Later this major, with a face innocent like a baby, but the experience of several wars, took part in the seminar I gave in Uvira.

At Land of Hope – a project sponsored by Dutch people - we had to work even more effectively. Teachers had made lists of students. All those suffering from malaria were lined up and after banging the bottle one of the pastors gave each five drops in the mouth, (of PC Malaria) while the rest of the line would count to five, so the child would know when to swallow. We must have treated dozens like that. The teachers were given bottles to repeat the dose every day for two weeks. Some child soldiers we talked to as a group. Some other cases,

like rape, diabetes etc I saw individually. F. translated about all consultations and learned a lot from doing that.

PC feedback

It was a great learning experience to treat so many cases, even though the sun on the zinc roof, the small room, mosquitoes entering at sunset, several skipped lunches, and people crowding the small building made it hard at times to keep my calm. Also interesting to notice the kind of feelings that come up when there is so much pressure and so little time. Feelings I have seen so often in allopathic colleagues and have been judgemental about. I could notice the inclination to make jokes over patients, that at times I was hardly looking at them because I was writing or preparing bottles, or that if they did not come up with a clear indication irritation would come up. It didn't allow it to come to the surface really but watching these human reactions inside of me made me so aware of how this attitude in many hospitals says less about the individuals and more about their circumstances.

Now the indications and remedies as such.

I mostly treated malaria and PC malaria is almost a sure hit. Malaria is often diagnosed together with typhoid, but PC malaria alone helped almost all cases. If a case did not respond I was just amazed, that's how confident I got in its effect. One case did not respond to a daily dose, took then the remedy every hour, and was fine the next day. So I had missed the acuteness of her state and instead had treated her as a chronic case.

A very interesting observation was that there were a few cases where people hardly ever had malaria. After getting gonorrhoea – which is as endemic as malaria – one or two months later malaria kicked in and kept coming back regularly. So these cases were (also) treated with PC gonorrhoea.

PC gonorrhoea was prescribed to lots of cases of infertility, chronic infections of the lower urinary tract and/or vagina, womb and ovaries.

A fascinating case concerned a woman that was going to be operated in two weeks. For three months already she was suffering from intense pains in the womb and an ultra sound she had with her showed cysts in the womb. On inquiring it appeared that two months before all this started she had an infection which I assumed was gonorrhoea. After the first dose of PC Gonorrhoea she discharged great lumps of blood that looked like meat. The next day the pains were practically gone and she went back to work. Four days later she was beaming and one week later she visited her specialist who repeated the ultrasound and based on a now normal image of the uterus cancelled the operation.

Also several cases of TB were treated. One woman was coughing up blood already for a long time. A few hours after the first dose of PC TB she coughed more than ever and a great amount of blood came out. After that the coughing and the pain subsided, the bleeding, night sweating etc all stopped.

Some 20 cases of AIDS were treated. Several were still free from symptoms or were so since ARVs (anti retroviral drugs). One lady had been using ARVs for years but they no longer worked for her. So she was losing weight and had all the typical symptoms of AIDS. I saw her back only two days later and she was completely fine, and will now coordinate activities in Bujumbura for PC1 as she knows many AIDS patients.

Hypertension was something mentioned by many. What it boiled down to actually was PTSD (post traumatic stress disorder) with palpitations, fear etc. Often from the war, and in many cases PC war trauma seems to work well. Also often from the hardship of life, disappointments, grief etc. I prescribed Ignatia a lot with good results and would like them to try PC Grief in the future to see whether that will be as effective.

Life in the region is not easy for many people, and it is actually amazing how many nevertheless cope (it's an active war zone).

I treated at least 12 cases of diabetes. Those that I could see back responded well, and from the pastors I heard that they received a lot positive feedback from diabetes patients. Often people are officially on medication, but depending on the money available they only sometimes take some tablets or inject insulin. So to have a very cheap and effective remedy

available now is wonderful for them. One lady having a blood sugar of 19 was drinking 5 litres of water every evening, was sweating profusely and all the teeth in her mouth were loose. After the remedy the sweating and the thirst totally disappeared and the blood sugar went down to 16. Of her and many more patients I hope to receive more information as to how they do on the long run.

Several cases of hepatitis were treated responding amazingly quickly to PC Hepatitis, regarding the fact they often were having the disease for many years already. I'll work out several of these cases for the intended book on PC.

Video/photo

For \$150 I have hours of consultations on video that can be used for a future documentary. We have filmed in all places I visited and a great variety of cases included several follow-ups. Besides that I have taken pictures of some 100 patients, so my resources for presentations have been extended considerably.

Future plans

Both in Uvira and in Bujumbura I gave a seminar to a group of interested people selected by F. We agreed that only medically qualified people can prescribe the PC Remedies and that for simple indications they can involve others, like for AIDS patients living in villages. F. decided to set up a second clinic in Bujumbura, and to let Angel also supervise that by visiting it once a week. The system will be like in Uvira. People become member of the clinic by paying about one dollar a month and pay only half of the amount for a treatment if help is needed. It is expected that within a few month the clinic will be self-supporting. Both clinics will carry the name Amma4Africa Clinic with added to that Uvira or Bujumbura as also the name of F's organisation. ARHF will provide them with remedies.

I intend to make a second visit in January, just before my very expensive multiple entry visas expire. I will not be treating patients then but will supervise the nurses and discuss all the indications of the manual (A4A has a manual for training purposes) and their experiences with it, as also try to complete some follow-ups. Also then I may be able to visit Bukavu, which we did not now because of the war. In Bukavu there is a project for raped women, and F. is considering the city also for setting up a third clinic.

Dr Harry van der Zee, November 23 2008

Donations

We urgently need donations for this project, which was just an exploratory project before we went. Clearly it's a project that could build up and do a great deal of good and prove our grass roots Amma4Africa concept in both treatment and education and empowering local people to do it all themselves, our aim.

We need immediate €9.000 to see this through 2009. Any size donation appreciated.

For more information, phone discussions etc

info@arhf.nl,

info@vitalremedies.com

www.vitalremedies.com for more about PC remedies (you need to sign in as homeopath) and

www.arhf.nl

How To donate



1 - Secure payment with your debit or credit card using PayPal

Go to www.ARHF.nl and click on donate.

2 - Donations by Bank Transfer to ARHF

Bank account ARHF: ABN-AMRO Bank Haren
Rijkstraatweg 184
9752 BP Haren,
Netherlands

Account Number: 422065234

BIC: ABNANL2A

IBAN: NL42ABNA0422065234

3 - UK Tax Payers

UK tax payers can donate through the [Homeopathy Action Trust](http://www.homeopathyactiontrust.org/) (HAT) Registered Charity #328537.

Print out and fill in the form below making the payment to **PC Projects - ARHF** and send to **HAT**. Specify its for ARHF/Burundi/Congo



[Homeopathy Action Trust Donation Form](#)

<http://www.homeopathyactiontrust.org/> for address and details

